

Mental Health & Wellbeing Worker L2 –Welcome & Online Interventions Person Specification

ESSENTIAL	How Assessed
Relevant qualification in health, social care or counselling at L3 or above	Certs
Experience of working with adults in a health/social care/ community based setting	PS / Int
Previous experience of supporting women affected by mental health issues	PS / Int
An ability to design, plan, deliver and evaluate group work sessions / courses / one off workshops on mental health related topics	PS / Int
Experience of facilitating mental health support groups and courses both in person and virtually	PS / Int
An ability to provide one to one support (both face to face, by email, and over the telephone) to review service user goals, acknowledge achievement, and define new goals	PS / Int
An understanding of issues impacting on women's physical, emotional and mental health	PS / Int
A commitment to working flexibly and collaboratively within a team and with partners	PS / Int
Knowledge and understanding of issues impacting on the mental health and wellbeing of women and how these issues may prevent women from engaging with services	PS / Int
A proven ability of providing support to individuals to overcome barriers to engagement	PS / Int
An ability to set up and maintain systems to ensure that the progress of multiple service users can be monitored and tracked	PS / Int
Knowledge of motivational interviewing techniques	PS / Int
A proven person centred approach to practice	PS / Int
Ability to undertake a needs assessment with an individual based on their mental health and social needs	PS / Int
Ability to create and adhere to individual risk assessments and risk management plans	PS / Int
A demonstrated ability to enable recovery and maximise opportunities for service user progression	PS / Int
A commitment to service user involvement and participation	PS / Int
An excellent understanding of, and commitment to equality and diversity	PS / Int
Excellent communication and inter personal skills	PS / Int
Experience of using a range of evaluation methods	PS / Int
Effective organisational/ administration / IT skills and the ability to keep up-to-date, accurate records	PS / Int
Ability to use IT, including word-processing and email	PS / Int
Ability to use online communication platforms such as Microsoft Teams, Zoom, WhatsApp	PS / Int
The ability to work independently to manage workload	PS / Int
Ability to work within a team	PS / Int

DESIRABLE	How Assessed
Knowledge of other local statutory and non statutory organisations	PS, Int
Qualifications in First Aid, Food Safety, Health & Safety	PS / Int / Cert
Experience of delivering physical activity programmes	PS / Int
Experience of partnership working	PS / Int

PS = Personal Statement

Int = Interview

Cert = Certificate