

TRUSTEE VACANCIES - FEMALE

Tyneside Women's Health (TWH) is seeking enthusiastic women to join the Board of Trustees to help ensure the provision of high quality mental health and wellbeing support for women in Tyneside.

About Tyneside Women's Health (TWH):

TWH has been supporting women with mental health and wellbeing issues in Tyneside since 1985. Services include: mental health courses, counselling, therapeutic activities, and, supported targeted to women with particular needs, such as women affected by abuse and women in the criminal justice system. In 2013 TWH developed an ambitious strategic plan to take the organisation up to 2018.

About you:

You will bring your time, energy and commitment to working in the best interests of the organisation. You will be able to work effectively in a team and to think with a long-term vision. You will have experience of working strategically as well as substantial experience and skills in at least one of the following areas:

- health and social care practice
- finance / accounting
- marketing and business development
- leadership and/or management
- company secretary duties

About the role:

The main requirements of the role are to: participate in monthly Board of Trustees Meetings (currently on the first Wednesday evening of each month), undertake advance reading in preparation for meetings, and carry out follow up tasks as agreed. There are additional half-day strategic planning sessions per annum, and flexibility for occasional further commitments such as sub-committee work may be requested. Trustee roles are voluntary, though TWH pays reasonable expenses. Trustees have ultimate responsibility for directing the affairs of TWH, ensuring that it is solvent and well run, delivering the charitable objectives for which it was set up. The Board's key tasks are to:

- formulate strategic objectives and oversee their implementation;
- ensure policies and practices are in keeping with TWH's charitable objects and legal requirements;
- ensure best practice, and;
- ensure TWH's sustainability and good reputation

To request a Trustee Application Pack or an informal chat about the role please email

enquiries@tynesidewomenshealth.org.uk .

- The closing date is **12pm Thursday 12th March**
- Interviews will take place on the afternoon of **Thursday 19th March**.
- Equality Act 2010 Sch.9 (para.1) applies which means that this is a vacancy for females. We particularly welcome applications from women from Black and Minority Ethnic Communities and, as a Mindful Employer, we welcome women with lived experience of mental health and wellbeing issues.
- For more information about our activities visit: www.tynesidewomenshealth.org.uk

